

The American Red Cross Connecticut Chapter is looking for local heroes from our state.

Do you know a person who has performed an extraordinary **act of courage** to save someone's life? Or maybe you know someone who commits countless hours to a **special cause**? The Red Cross wants to honor these individuals at one of our annual Heroes Breakfast Celebrations.

The Red Cross touches lives in our state everyday through programs and services such as Disaster Relief, Service to the Armed Forces, Preparedness, and Health & Safety Training. As an organization committed to helping people prevent, prepare for and respond to emergencies in our communities, the Red Cross is honored to salute individuals who **make a difference**.

Nominate your special hero today!

Please join us at one of the following Heroes Breakfast Celebrations in your area:

Heroes of Northern and Eastern Connecticut

Thursday, March 4, 2010
Farmington Marriott, Farmington CT
Contact: Betty Dugan
860.678.2813
duganb@usa.redcross.org

Heroes of Greater New Haven

Thursday, March 11, 2010
Omni Hotel, New Haven CT
Contact: Laura Campbell
203. 874.2531 x 19
laura.campbell@mfcarc.org

Heroes of Western Connecticut

Friday, March 19, 2010
The Amber Room Colonnade, Danbury CT
Contact: Nicole Arsenault
203.792.8200 x 17
arsenaultn@usa.redcross.org

Heroes of Lower Fairfield County

Thursday, March 25, 2010
Trumbull Marriott, Trumbull CT
Contact: Diane Castrovinci
203.966.1663 x 15
dcastrovinci@newcanaanredcross.org



209 Farmington Avenue
Farmington, CT 06032

www.ctredcross.org

**Helping
Exemplary
Remarkable
Outstanding**
Do you know one?

American Red Cross
Connecticut Chapter

honors

*Community
Heroes of
Connecticut*



**2010
Breakfast
Celebrations**



Do you
know
someone
who
has made
a difference
in
Connecticut?

Categories:

Please check one category per nomination form.

- Firefighter
- Law Enforcement (including 911 Operators)
- Military
- Water Safety
- Medical Professionals
- Animal Rescue
- Good Samaritan Adult
- Good Samaritan Youth
- Community Impact
- Spirit of the American Red Cross (impact locally, nationally and internationally)

Nomination Guidelines:

1. Hero must live or work in Connecticut.
2. Heroic act must have occurred between January 1, 2009 and December 31, 2009.
3. On a separate piece of paper please explain the heroic act or actions.
4. Please include reports, news articles, names and phone numbers of witnesses who can verify the actions.
5. Please explain why you are nominating this person(s) and how their action(s) exemplify the humanitarian mission of the Red Cross.
6. Please complete the information on this form and attach a copy to your nomination.
7. All nominations must be received by December 31, 2009.

Questions?

For more information call:

Lyn McCarthy
203.874.2531 x 16 (office) or 860.770.7331 (cell)

Nominator Info:

Name		
Address		
City	State	Zip
Phone (Day)	(Evening)	
Email		

Nominee Info:

Name		
Address		
City	State	Zip
Phone (Day)	(Evening)	
Email		



Submit Entry:

2010 Heroes Nominations
American Red Cross
Connecticut Chapter
1 Plymouth Place
Milford, CT 06460
Fax: 203.877.2155
Email: McCarthyLy@usa.redcross.org

Mission Statement

The American Red Cross, a humanitarian organization, led by volunteers, and guided by its Congressional Charter and the Fundamental Principles of the International Red Cross Movement, provides relief to victims of disaster, and helps people prevent, prepare for and respond to emergencies. ♦